

What do the lights mean?

daysy[®]

If you want to get pregnant:



sex



If you **don't** want to get pregnant:



sex



sex



sex



sex



sex



Check out www.daysy.me/tutorials to see videos of how to use *daysy*.



A blinking violet light means *daysy* is expecting your period. To confirm, hold down the button for 2 seconds.



A solid violet light means you have confirmed your period for today. If you didn't mean to confirm it, you can hold down the button for 2 seconds to reverse this.



Rotating blue lights mean a measurement is taking place. Hold down the button for 2 seconds if you want to cancel.